

**2017 IASSID ASIA PACIFIC REGIONAL CONGRESS
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I would like to convey my gratitude and appreciation to FPSA for the continuous help and support they have given me throughout the years. They have been a cornerstone in facilitating my growth as a consultant child and adolescent psychiatrist. They have been an integral part equipping me with the tools to enhance the specialist clinical service set up in South Wales. This has been realised through facilitating opportunities for me to develop and acquire new skills set through funding of key educational events.

I have attended the 4th Asia Pacific Regional Congress for the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSID) held in Bangkok, Thailand. I presented my research titled:

"A Useful Screening Tool for Neurodevelopmental Disorders in Intellectually Disabled Children in Community Paediatric Settings in UK'.

The highlight of the conference for me was attending an insightful workshop on 'sexuality and relationship'. This resonated with me greatly as in my day-to-day clinical practice; I am witnessing an influx of complex cases predominantly revolving around sexuality and puberty among adolescents with learning disability. The lack of awareness and expertise in this area often causes severe anxiety for many families and carers of these patients mainly when there is a comorbid mental illness.

Attending the workshop would help me in providing a culturally appropriate service that is delivered in a manner that ensures safeguarding of children and young people. The congress also covered common mental disorders that affect adolescents with learning disability such as depression, anxiety and suicidality etc. Coupled to this, I was exposed to topics surrounding the use of non-medical intervention in tackling challenging behaviour in Autism. It was interesting to see international prospective on the management of these cases that will give me an opportunity to implement and relay positive and best practices with the multidisciplinary team and trainees within my scope of practice.

Thank you again for you sustained support throughout the years.

Dr Amani Hassan
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