

Summary Report for Postgraduate Certificate in Clinical Supervision

Whilst undertaking this further study, I developed my capacity to critically analyse a range of supervision models and also develop my own working model for supervision. It also provided me with the opportunity to develop a critical understanding of the influence of legal, professional, ethical and organisational influences on the supervision process. It has been invaluable to have the time and space to reflect on the supervisory role, practice and processes when receiving supervision while providing supervision. By being provided with the funding to complete this course, my understanding and insight into the supervisory process has developed in terms of not only thinking about how I can progress as a supervisor within the role of a supervisor but how I can progress as a supervisor whilst within the role of a supervisee. The course assisted my understanding in terms of the complex dynamics at play, both internal and external to the supervisory relationship. It is imperative that as a clinical supervisor you are open to learning and actively engage in the process of developing as a supervisor. Through critical reflection and analysis, role definition, developing a supervisory style, defining boundaries and identifying one's own strengths and areas for development, you can create your unique and competent approach to supervision whilst adhering to the legal and ethical boundaries to ensure safe practice. The course assisted me in developing my skills in relation to these aspects of clinical supervision. I am very thankful to FPSA for this opportunity. It has made a big difference to my clinical work with the adolescents, their families and the supervision I provide to frontline staff.

Lorraine O Reilly, Senior Social Worker.