

**Keiron Daniels Parental Substance Misuse Specialist, Systemic Practitioner.
Family Drug and Alcohol Court. Report of MSc in Family and Systemic
Psychotherapy 2013-1014.**

I would like to thank FPSA for the financial support they provided; this has enabled me to attend this training course. The completion of this training has developed my skills in working with family's, adolescents and children. In my current work regularly I work with adolescents and children who have been exposed to parental substance misuse. This course has developed my knowledge of theory, methods and techniques that enable me to work with these families in a helpful way.

Training Program structure:

Family and Systemic Psychotherapy is well placed for working with complex families with cross generational unhelpful patterns of behaviours. The Training program is 4 years in total, the 1st 2 years a post graduate diploma, with the 2nd 2 years the MSc. The course covers a number of different areas that included advanced systemic theory, maturing as a therapist and undertaking a research dissertation. This is broken down into monthly plenaries that focus on the theory and weekly supervision group where I saw families for therapy.

The benefits of undertaking this training:

I found the course extremely useful for my work, the course has been very thought provoking and has changed my practice. I have become more reflective and have a greater understanding of advanced systemic theory. As a result I am more useful to the families I work with. I found that when I use this approach in my practice it helps me to move away from looking for truth instead allowing different conversations that draw out different understanding for the families and helps them to develop new and or lost meanings about their lives.

I have developed my current role and now regularly work with more families, and also work in other services such as CAMHS throughout the NHS trust.

Keiron Daniels