

I found the sensory processing difficulties level 1 course was very useful in supporting me develop my understanding of sensory integration. The training was fantastic I felt that I got a lot out of it. The training provided me with the opportunity to learn about; difficulties with sensory processing, how these may affect a person's functioning and how I can best support a person with sensory difficulties. Within the training they used examples of lived experience of those with sensory processing difficulties which I feel has supported me to better understand and support the young people within my service.

Within my role I complete sensory profiles and interventions on young people within a tier four CAMHS setting. I feel following this training I have gained more knowledge around sensory difficulties and a more in-depth understanding of the different ways these can affect a person's overall functioning. I have also gained a greater understanding of different intervention strategies which can be used to improve young person's day to day functioning and wellbeing. Within a tier four CAMHS setting young people have many complex sensory needs which I now feel I can assess and support better. I feel more confident when talking with parents/carers supporting them in understanding sensory integration difficulties.

As a result of this training I feel I have become more confident and competent assessing, understanding and supporting young people with sensory integration difficulties. I can promote and communicate a range of sensory interventions with carers and other professionals which will improve young person's care.

I wish to thank you for funding the course and providing me the opportunity to improve the service I can provide to those in my care.