

Dyadic Developmental Practice, Psychotherapy and Parenting (DDP).

Level One, 4 day training course, totalling 28 hours of learning.

Current post is Post Adoption Invention Worker. The training was relevant to this post as we are working with adoptive families who often access our service when they are finding things difficult. We then work with them completing assessments, offering advice and guidance, direct work or sourcing appropriate therapies.

The training was over four days. The trainer, Julie Hudson was very good using her own experiences of DDP. She used a range of materials, such as power point, print outs, videos of her own sessions and role play. The aim of the course was to provide the learner with a foundation knowledge of PACE and DDP. There was role play on three of the days which is daunting but very relevant to learning as this is a new approach to many and this gives you a safe place with guidance to try different ways to engage families and young people.

The training was very good. There is a good mix of training materials to enhance learning regardless of your own learning styles.

I intend to use this within my every day practice and luckily have colleagues at the same initial stages so we can support each other's learning/progress. I also intend to attend the Level 2 course to further aid my knowledge and skill base.

I would recommend this course to everyone.

Leah Egginton

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