

MSc Family Therapy, Kings College London
Year 1 2021/22

Firstly, I would like to thank FPSA for funding the first year of the MSc Family Therapy without your support I would not have been able to undertake this course. This is the first of a 2-year master's course.

I am a CAMHS Practitioner (Social Worker) and work in a CAMHS service for children and adolescents who are looked after. Due to Covid a hybrid model was adopted, a combination of face to face and online teaching. Highlights of the teaching this year have included seminars on working systemically with psychosis, eating disorders and attachment-based family therapy. The teaching has been of a very high quality delivered by experts in the field.

The teaching has enabled me to support children and young people and their carers who would not have had access to family therapy. It has also enabled me to work with both colleagues in social care and education in a creative, collaborative and constructive way which has been beneficial for the young people we support.

This course has deepened my understanding of working with young people and their carers and the wider system. I have been able to work collaboratively with carers and other professionals in the network to support them in establishing safe and consistent relationships and environments.

I would like to express my gratitude to the FPSA again for giving me this fantastic opportunity, and look forward to starting the final year.