

Sensory Integration Network training: Online Sensory Integration Module 2: Clinical Reasoning in Sensory Integration- Assessment.

Thanks to the FPSA grant I was able to complete the Sensory Integration Network training: Online Sensory Integration Module 2: Clinical Reasoning in Sensory Integration- Assessment. This was a 16-week on-line training which I completed at the end of January 2019.

Following the training I am now able to use Ayres Sensory Integration clinical observations to assess a young person's sensory and functional ability. The training has enabled me to develop my assessment skills and clinical reasoning to ensure that I am correctly understanding how a young person sensory processing and dysfunction in areas such as discrimination and modulation may impact on their ability to perform tasks. This is of huge benefit combined with the Sensory Attachment Intervention (SAI) training which FPSA previously supported and is allowing me to provide a comprehensive assessment of young people's sensory needs along with their attachment needs. I am now able to offer SAI to young people who are on our trauma pathway and have experienced complex trauma on a trial basis of 2 young people. The work looks at the co-regulation of the young person with their carer, with the aim of enabling them to increase their levels of emotional regulation outside the sessions. This is providing innovative practice within a child and adolescent mental health service and we are now in the process of formally carrying out a Quality Improvement project.

Once again, I thank you for this wonderful opportunity which would not have been possible without your funding.