

Report for FPSA for received funding 2017-18 in MSc in Systemic Family Psychotherapy.

I would like to extend a huge thank you to FPSA for enabling me to complete the second year of the MSc in Systemic Family Psychotherapy. The course was run by the Institute of Family Therapy (IFT) and accredited via the University of Bedfordshire.

In my role as a Clinical Practitioner working within a busy London borough these studies have greatly improved my clinical practice in working with adolescents, children and their families. I have applied my learning from the course in my direct work with young people, their families and with other professionals to support them in their work with young people. Over the last year I have worked closely with social care colleagues with young people with substance misuse, depression, anxiety, self-harming and suicide attempts

The new knowledge and skills I developed have been fundamental in my role and in my ability to do this, and the funding from FPSA has been essential for enabling me to be able to complete these studies.