

FPSA Report

Training: DDP level 1, Presented by Dan Hughes

Venue: Family Futures Islington

Course Duration: 4 days, 3 days

14th, 15th 16th November 2017, Final Day 15th November 2018.

Qualifications: BA (Hons) Drama, DIPSW Social Worker

Job: Social Worker in Adoption Support Regional Agency.

Attending the DDP Level 1 training has been an excellent extension of my knowledge of the PACE approach. I was able to move from my theoretical understanding of the PACE model to a much more in-depth practical mode. During the training we took turns in using DDP model to work with families.

Learning from Dan Hughes was so interesting. The variation of his voice, the moving of his hand and other nuances was amazing as it guided the session to promote maximum relationship healing between the parent and child.

What I take most from the training and have already implemented in my role is talking on behalf of the person. Giving them the agreement to correct me if I get it wrong and talking about what they might be feeling with empathy and atonement. This is a good skill when working with adolescents and parents and often the barrier between them can be massive. The DDP approach has the capacity to hold and facilitate repair for families in crisis. There is structure for people to be heard and understood in a contained way enabling them to then begin to develop/strengthen empathy for their other family members.

The DDP Approach is especially useful for teenagers, the common conversational style is perfect for engaging adolescences.