Guidance of a 'A fit and proper person':

A fit and proper person for matters in general is one who, in the opinion of a person choosing a fit and proper person, is trustworthy, wise, and understands what he or she is asked to certify.

Such persons are likely to be professional persons who are themselves subject to a code of professional conduct and therefore understand the sort of behaviour and values expected of those who bear responsibility.

However, such persons are not only to be found amongst the professional classes but it may be more difficult to identify those among non-professional classes who fit the descriptor simply because there is less hard evidence of their having their signed up to such behaviours and values.