

## **Year 1 Report Systemic Psychotherapy**

I have recently completed year one of a Msc in Systemic Psychotherapy.

I have very much enjoyed the course. It has been very beneficial to my practice within my service, providing therapeutic support to young people. I feel that having a qualification in Systemic Psychotherapy will very much benefit the young people and families that I work with. Often our young people have a large support system of family members and concerned professionals within who wish to be a support to the young person and ensure that their therapeutic needs are met. I strongly value supporting this system in their efforts to do so & have a keen interest in this. I feel that the course is a great fit me as a practitioner and reflects my values in terms of systemic collaborative working with our young people and families. I feel that this training has gone toward helping to bring young people and their support system together with shared understandings and perspectives. I place great value on facilitating relationships to be as good as they can be for our young person in order that they can avail of this support now and into the future.

I am committed to working with looked-after young people, having worked in this area for over twenty years, providing high quality services to meet their needs. I feel that this training will assist me in meeting the therapeutic needs of young people in care and their families for years to come. I very much appreciate the support I have received from the Foundation in order to assist me in completing the first year of this four-year qualification.

I look forward to year two where I will begin live supervised clinical training. I feel that this training has assisted me both in my direct work with young people and their families and in looking systemically at how we operate with other parts of the system, ensuring cohesive service delivery to our young people, families and support systems.