

Sensory Integration Module 1 Report

Thank you to FPSA for funding this Sensory Integration Module 1 course; delivered by Sensory Integration Education and accredited by Sheffield Hallam University. I completed this training online from 4th September 2023 to 11th January 2024. This training was provided in an online format, with pre-recorded and live lectures (50 hours of content). With two assignments to be completed. From completing module 1, I now have a greater understanding of theory and practice of sensory integration and am able to relate sensory processing to underlying neurology of sensory integration. I am now able to recognize the presentation of sensory modulation and praxis behaviours.

This training was invaluable for me as I've recently moved role to working within a HSE community CAMHS team, where the majority of my referrals have a sensory based component. My previous roles in adult mental health services did not address sensory needs to the extent I do now in my current role, feeling quite deskilled in this area. This was the first of four modules in my goal of becoming a sensory practitioner. Completing this module 1 has enhanced and improved my clinical practice in the form of better understanding the theory behind sensory processing in the brain as part of the assessment process. As a result of this training I have been inspired and shared my newly gained knowledge with my colleagues and service users within my CAMHS team. This course has reminded me of the skills I already had but gave me confidence during assessment and intervention with services. I am excited and look forward to continuing on my journey to becoming a sensory integration practitioner hopefully completing module 2 in the near future.

Overall this training was extremely enjoyable, informative and I have thoroughly deepened my understanding in sensory processing. I would recommend this training to any OT working with child, adolescent or adult mental health. Finally I would again like to thank FPSA for the opportunity to complete this course and develop my CPD in this area.