

Thank you for helping to fund my EMDR Child and Adolescent Level 1 (Core) & Level 2 (Advanced) training with Susan Darker-Smith, the course ran over 2 days for each part.

The training I received was online and was a necessary addition to the EMDR training (Level 1,2 & 3) previously received. The training was easy for me to access, the group was a nice size and not too big. Everything was explained well, with time for some small group practice. Handouts were also shared so we can refer to as and when needed.

I work within the voluntary sector at Star (Venus) and as my work is predominately child based this was essential additional learning for me to adapt to suit the children I have and continue to work with. I am a Counsellor, Systemic Practitioner and now also a EMDR therapist. I work with children and their parents from 8 to 18, some of whom have ADHD or Autism, the new learning has shown me how to modify the sessions to work correctly and ethically with the young person.

I appreciate the new learning being available to me due to funding being offered and I thank you. Within my role new and updated learning is ongoing and this helps to enhance my ability to work with more young people and offer the therapeutic intervention they need.