

### **Online SI Module 3 Clinical Reasoning and Practice in Sensory Integration: Intervention**

I currently work as a highly Specialist Occupational Therapist working in a CAMHS service with young people who are experiencing sensory difficulties. I completed the module 3 SI course with this finishing in March 2024. The training I received was incredibly useful to my practice, it consisted of a mixture of face-to-face learning by a mentor, online narrated videos and learning and handouts.

The face-to-face mentoring sessions were beneficial, I had to complete 30 clinical hours to demonstrate my learning and ability to apply this to intervention and then had my mentor sign this off. The module included four assignments to complete which included: a literature review of an area of practice related to SI; a case study using ASI intervention; a description of how I feel I have met to core competencies and evidence of my clinical hours. This means I can use the title of accredited sensory integration practitioner. I have been using the knowledge developed through the course daily in my work role and it has increased my confidence in this approach and my confidence in discussing with managers and the wider networks working with young people, what sensory integration means and how it impacts on the young person. It fits well with the Occupational Therapy model of working which has meant it has been able to fit easily into my working life and add to my functional assessments I already complete.

I have now taken this learning and created a sensory pathway which I can follow to provide structure to what I am doing and to help others understand how the full ASI process works, where the fidelity measure comes into this and adapted way of working around this where certain equipment is not available.

Sensory integration really supports the wellbeing and mental health of young people. As we see more individuals with sensory processing difficulties access our services it will become even more solidified in what we provide to support and show the overall benefit.

The course was really challenging, a lot of it was driven in our own learning and what our services can provide, but it was really enriching, and I feel that my knowledge on the subject has hugely increased and I can now apply this to practice.

I am incredibly grateful for the FPSA for providing me with the funding for the course and giving me this opportunity to support the young people accessing our services. Thank you!