Intermediate Systemic Therapy

Thank you FPSA for supporting me to do the course. I completed the Intermediate Systemic therapy course, and I am very grateful. At present I am FT assistant and work in an inpatient ward with young people. I started the course in September 2019 when Covid just started to show its face, but we continued the course.

From completing the course, it has helped me working with families on my ward in a more systemic way. I have been able to consider and implement the influence of the social, cultural, and contextual information has helped me support families the best I can.

The practical experience of clinical placement has really expanded my knowledge and I have gain so much confidence in systems theories techniques and approaches. There was a lot of different professionals on the course and I feel I gained a lot of knowledge and new things from other people's experiences.

I have found the course highly interesting and have gained so many new skills and learnt from the professionals taking the course.

I would highly recommend the Systemic course and I have really enjoyed it and am very grateful for the funding and would like to thank FPSA for giving me this amazing opportunity to gain the Systemic training, thank you.